

FEBRUARY 2024- MARCH 2024
NEWSLETTER



Volunteer Spotlight

Our New ISU Extension and Outreach Regional Director

Tanya Michener

Hello!

My name is Tanya Michener and I will be starting with ISU Extension & Outreach Region 18 in early Feb. as the Regional Director, which includes Jasper, Marion, Mahaska and Poweshiek. Some of you may recognize me from my time with RSVP, so as you can guess it is one of my favorite programs! I know the good work that you do, and I look forward to hearing your reports from that.

I am also excited about returning to ISU Extension because I believe strongly in its mission that each Iowan counts and that we get stronger together, your role in RSVP proves that. I have been working in Economic Development the last 10 years with Newton Development Corporation, which has allowed me to create strong relationships in the region and the state, I look forward to seeing where these and your connections can take us as a county.

My husband Matt and I will have our first grandchild in July from our son Levi and our daughter-in-law Ginny. We also have a daughter Jaclyn and a son-in-law Noah who live in North Liberty. I look forward to either catching up with or meeting you in person soon!

MLK Day of Service Changed

Due to the weather on MLK Day of Service, we will collect the following items at the office to donate to the Salvation Army between February 12th- February 16th.

- Paper Towels
- Toilet Paper
- Feminine Hygiene Products
- Hand Soap
- Canned Soups
- Cereal
- Ramen Noodles
- Boxed Potatoes
- Hamburger Helper
- Tuna Helper



For more information or if you would like to sign up, please call Jasmine at 641-792-6433.



Want a friend to join?

Hey there! Do you know someone who would be interested in joining our volunteer program? We're looking for enthusiastic individuals passionate about positively impacting the community. If you have a friend who fits the bill, we would love to hear from them! Don't hesitate to refer them to us, and let's work together to create a better world for all. Thank you!

Recruit a new volunteer and get a prize!!



RSVP Socials

February 8th, 2024 9am-10am

March 14th, 2024 9am-10am

January Social – Nudge Words

One of my favorite New Year's exercises is to pick a word of the year – I call it a "nudge" word. This annual word-of-the-year exercise can help you reflect on your values, intentions and hopes for the coming year.

While a New Year's resolution might focus on a specific goal (lose weight, have more fun, exercise), a nudge word is more like a North Star. It captures the mind-set you want to adopt in 2024. It's a single word that will define your year in advance, guide you in decision-making and nudge you toward positive change whenever you think of it.

Kaye: purpose	Verneil: be more friendly/forward
Loretta: keep moving	Rose: kindness
Grace: organize	Jo Ann: help others
Marci: resilient/flexible	Sue: express love
Bill: gratitude	Sarah: embrace
Bruce: look outward	Marcia: declutter
Sandra: compassion	Brenda: proceed forward
Wauneta: stay focused	
Larry: learning	

*this will be
a good year*

Birthdays

February:

2- Craig Carpenter
5- Susan Vriezelaar
7- Joyce Simpson
7-Noralee Warrick
11-Becky Ruehle
12-Carol Twedt
15-Bill Harrison
20-Bill Ward
27-Bill Umbarger

March:

2-Don Goode
3-Karen Hoffmeier
04-Karen Staker
10-Mildred Rawlins
14-Erma McKinney
17-Jack Ayres
18-Cindy Tabor
20-Shirley Birkenholz
22-Bob Steingreaber
24- Linda Schafer
27-Kathy Stevens
30-Gary Froah

Dear Volunteers,

I just wanted to take a moment to express my deepest gratitude for all the hard work you put in to make a difference in our community. Your selfless contributions are truly appreciated and do not go unnoticed. Your dedication, passion, and kindness inspire us all and make the world a better place.

Thank you for your unwavering commitment to making a positive impact. I am truly grateful for everything that you do.

With heartfelt appreciation,

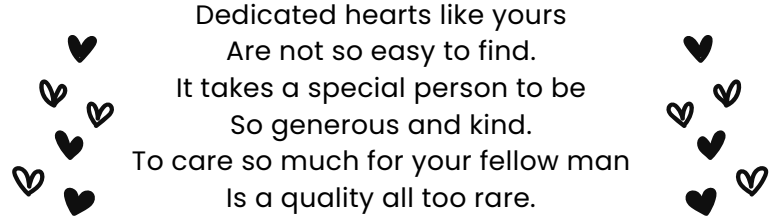
Jasmine and Sarah

Sudoku #2

9	8	3	4		7		2	
	6	1						4
				6				
5				8	3	9		6
1		6		4		2		8
8		9	7	1				3
				9				
6						1	8	
	5		1		2	3	6	9

Fill in the blank squares in each row and column, and each 3-by-3 block contains all of the digits 1 through 9.

Dedicated Hearts



Dedicated hearts like yours
Are not so easy to find.
It takes a special person to be
So generous and kind.
To care so much for your fellow man
Is a quality all too rare.
Yet you give of your time and talents,
For all in need to share.

So thank you for being a volunteer,
We're privileged to work with you.
We want you to know how appreciated you are,
Not just today, but the whole year through.

So thank you for being a volunteer,
We're privileged to work with you.
We want you to know how appreciated you are,
Not just today, but the whole year through.

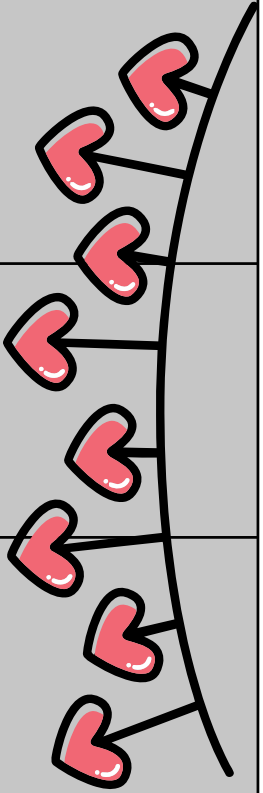
Jasper County Ride Drivers Needed

Do you like to drive and meet new people?
We are looking for volunteer drivers to take qualified clients to medical appointments in and around Jasper County.

Mileage is reimbursed.


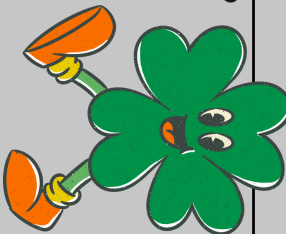
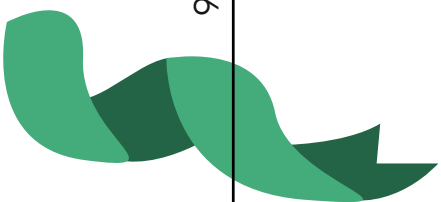



FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 Volunteer Hour Sheets due today	6 Driver's Mileage Reimbursement Due today	7	8 9am-10am Social	9	10
11	12 Salvation Army Donation Drive	13 Salvation Army Donation Drive	14 Salvation Army Donation Drive	15 Salvation Army Donation Drive	16 Salvation Army Donation Drive	17
18	19	20	21	22	23	24
25	26	27	28	29 Pen Pal Letters due today		



MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
		Volunteer Hour Sheets due today	Driver's Mileage Reimbursement Due today			
10	11	12	13	14	15	16
	9am-10am RSVP Advisory Board Meeting			9am-10am Social 10am-11am Driver's Meeting		
17	18	19	20	21	22	23
24	25	26	27	28	29	30
	Symposium Help 2pm-4pm			Newsletter Help 2pm-4pm	Pen Pal Letters Due	



AmeriCorps Seniors

Retired & Senior Volunteer Program
550 N 2nd Ave W
Newton, IA 50208

JASPER COUNTY RSVP

550 N 2nd Ave W
Newton, IA 50208
Phone : 641-792-6433

Office Hours:
Monday - Thursday 8am-4:30pm
Friday 8am- Noon

Jasmine Bailey - RSVP Program Coordinator

Sarah Patterson - RSVP Grant Manager

RSVP ADVISORY COUNCIL

- | | | |
|----------------------|-------------------|----------------|
| Jackie Woods-Goodwin | Diana Cumpton | Pepper Self |
| Violet Bakalar | Linda Schafer | Terry Townsend |
| Chantelle Lundberg | Arlene VanVoorhis | Bill Ward |

Next Meeting:
March 11, 2024
9am-10am

REMINDER

Federal grant requirements state that all volunteers must record their hours on a time sheet with hours approved by the station supervisor and submitted to the RSVP office. Please be sure to record your volunteer hours on your timesheet for EACH time you volunteer. Thank you for your attention to this very important detail. Please turn in all volunteer time sheets on a MONTHLY basis. If you need additional sheets, please call Jasmine at 641.792.6433.

IOWA STATE UNIVERSITY
Extension and Outreach



AmeriCorps Seniors



United Way
Of Jasper County