DECEMBER 2023 /JANUARY 2024 NEWSLETTER



RSVP Christmas Tree Viewing

Tree-Mendous Christmas Experience at the Jasper County Historical Museum

Hours 5 pm-9 pm Fridays, Saturday,s and Sundays in December (closed Christmas Eve)

NEW: New Matinee Hours 1 pm-3 pm Sunday 12/19 Wednesday 12/22

\$5 for ages eight and over FREE for ages seven and under

See our RSVP tree and have your picture taken with it!





MLK Day of Service Event

Are you interested in helping to collect Personal care items for the local Salvation Army?

Volunteers are stationed at various stores around town in 2 hour shifts on Martin Luther King Jr. Day seeking donations from customers.

For more information or if you would like to sign up, please call Jasmine at 641-792-6433.

DONATIONS

Christmas Carolers needed

Do you like to sing? Do you like to make others smile? Do you LOVE Christmas?

If you answered yes to any of these questions, please let Jasmine know as she sets up dates and locations.

IOWA STATE UNIVERSITY Extension and Outreach

Want a friend to join?

Hey there! Do you know someone who would be interested in joining our volunteer program? We're looking for enthusiastic individuals passionate about positively impacting the community. If you have a friend who fits the bill, we would love to hear from them! Don't hesitate to refer them to us, and let's work together to create a better world for all. Thank you! **Recruit a new volunteer and get a prize!!**

As we are recruiting, Sarah and I would love to invite you or a friend to an RSVP Informational Session on January 18th, 2024, from 10 am to 11 am to learn more about other volunteer opportunities and about RSVP in general.

November Social -Christmas Memories

Volunteers who were at the November Social were asked to share a fall/winter Holiday Memory with the group. Below are some of our volunteer's favorite memories:

My grandfather had us choose a toy we liked to give to someone who had little. It developed a feeling of sharing and gratefulness. I often thought of what to give starting in October. - Christine Pauley

When I was eight years old, my three brothers and I received a lionel electric train. My dad attached the rails to a piece of plywood. We took turns at the controls. We could change speed, turn on and off lights and operate crossing signal. We all enjoyed it. - Bruce Coyle

My 13-year-old birthday Christmas- rainy day. My dad woke my brother and me up and said holgs were out. We grumbled and got dressed. Walked into the barn, and I saw my brother's bicycle, and he saw my horse.



December 14th, 2023 9am-10am

January 11th, 2024 9am-10am

Birthdays December:

3- Albert Gregory 8- Dixie Casady 8- Loretta Tool 14- Renee Manley 14- Jackie Woods- Goodwin 19- Lonnie Barton 19- Marcia McFall 21- Pat Drew 21- Karen Kriz 22- Marilyn Samson 23- Joann Danks 23- Ted Huisman 24- Christine Pauley 28- Theresa Goeke 28- Carla Robeson 30- Toni Peska

January:

1- David Schafer 2- Julia Higgins 5- John Carl 5- Bruce Maach 6- David Drew 12- Lisa Painter 17- Larry Pauley 19- Butch Hedberg 20- Kerry Balbiani 24- Eloise Froah 31- Penelope Rasmussen

VOLUNTEERING IS GOOD FOR THE MIND, BODY, AND SOUL!

1. It's good for your mental health: Volunteering keeps the brain active which contributes to mental health. Meaningful and productive activities can help you feel happier and have a more positive outlook on life. Let's stay engaged together with Jasper County RSVP!

2. It prevents loneliness and isolation: Social isolation is a major issue that many older adults face.Getting out into the community (and attending our awesome socials!) promotes socialization. 😊

3. It gives you a feeling of purpose: Having a sense of purpose through volunteering can help older adults feel recharged with a new zest for life. It can also be a motivating factor in timemanagement, having a schedule, and accomplishing goals. Yay!

4. It helps you meet new friends: Volunteering is a great way to meet new people with common interests.Jasmine and Sarah have enjoyed meeting all of you and look forward to getting to know each of you!

5. Volunteering increases physical activity: Physical activity is highly important when it comes to staying healthy and independent as we age. Volunteering keeps you moving. We love seeing you here at the ISU Extension Office!

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Sudoku #1

Jasper County Ride Drivers Needed

Do you like to drive and meet new people? We are looking for volunteer drivers to take qualified clients to medical appointments in and around Jasper County.

Mileage is reimbursed.

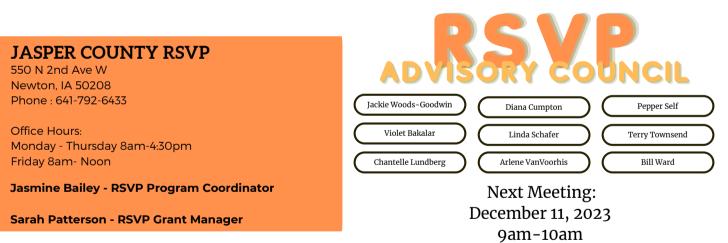
Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

		DE(BER		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1 1	2 2
ω	4	5 Volunteer Hour Sheets due today	Φ	7	8 Driver's Mileage Reimbursement Due today	\$
10	11 9am-10am RSVP Council Meeting	12	13	14 9am-10am RSVP Social	ភ	16
17	18	19	20	2	22	23
24	25	26	27 Pen Pal Letters due today	28 9am-10am Jasper Co. Ride Driver's meeting	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<u> </u>	2	ω	4	5 Volunteer Hour	6
					Sheets due	
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7	ω	6	10	11	12	13
	Driver's Mileage			9am-10am		
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	Due today					
14	15	16	17	18	19	20
	MLK Holiday			10am-11am		
	Event			RSVP		
				Informational		
				Session		
21	22	23	24	25	26	27
			2 pm-3 pm			
			Newsletter			
			Helpers			
28	29	05	31			
	Pen Pal Letters					
	due today					



Retired & Senior Volunteer Program 550 N 2nd Ave W Newton, IA 50208



REMINDER

Federal grant requirements state that all volunteers must record their hours on a time sheet with hours approved by the station supervisor and submitted to the RSVP office. Please be sure to record your volunteer hours on your timesheet for EACH time you volunteer. Thank you for your attention to this very important detail. Please turn in all volunteer time sheets on a MONTHLY basis. If you need additional sheets, please call Jasmine at 641.792.6433.

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